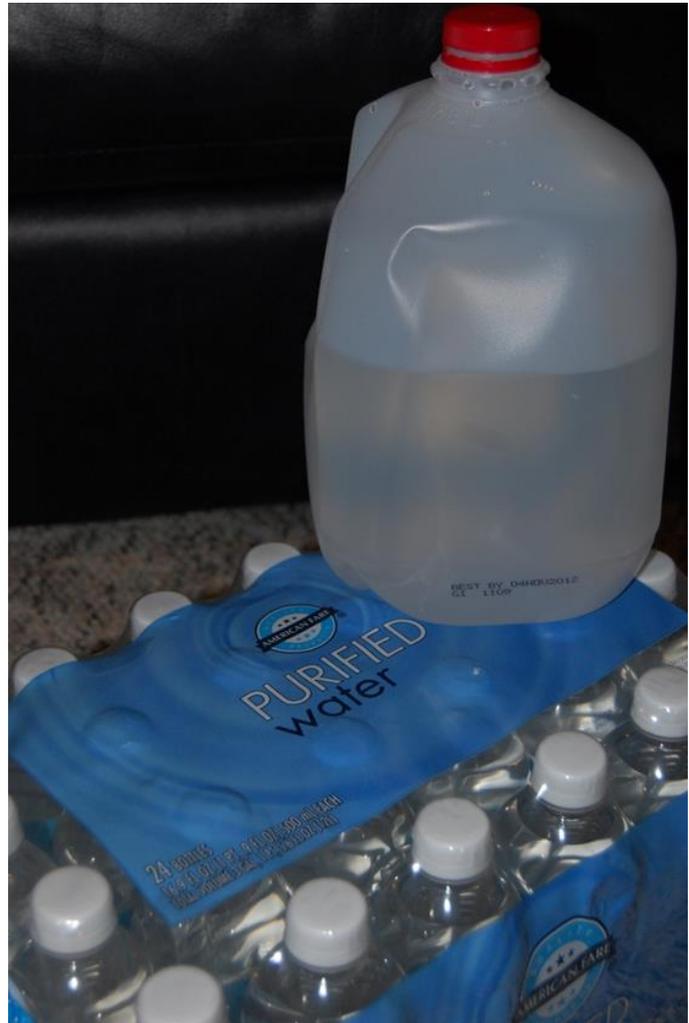
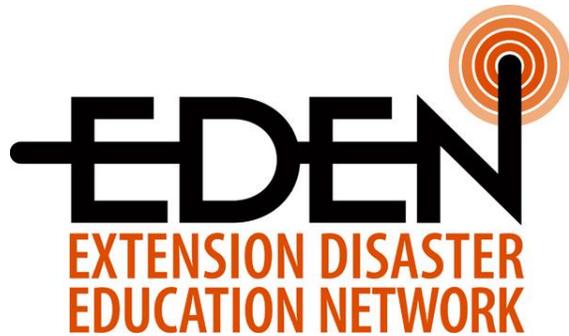


Surviving a Disaster

Instructor Guide



NDSU

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Introduction

Disasters disrupt thousands of lives each year. This educational program will help you teach others how they can have water and food, warmth, light, sanitation, health and communication during and immediately following a disaster.

Before teaching this Surviving a Disaster program, you're encouraged to teach EDEN's Family Preparedness program to help people be informed, make a plan and build a disaster supplies kit. This program helps people apply that preparedness work and additional information safely during and after a disaster.

Topics include:

- Water for drinking, cooking and sanitation
- Food options and safety
- Cooking with limited power
- Lighting methods that do not depend on electricity
- Heating and cooling options
- Sanitation facilities and supplies
- Communication

Materials and Equipment

Available for this program at www.eden.lsu.edu/EDENCourses are:

- This instructor guide
- PowerPoint slides with notes

- Downloadable PowerPoint slides
- Handout
- Evaluations

Other materials needed for teaching are:

- Computer with projection unit
- Handouts you choose to share
- Sign-up sheet for followup

Preparation

Instructors should be prepared to share the information without reading the script, lead discussion, answer questions and interact effectively with the class. Preparation requires that you:

- Review all materials thoroughly before the session. Become familiar with the format and content.
- Read the script out loud and practice saying the information in your own words.
- Practice with the computer and projector you'll use for teaching.

Evaluation

Participants and instructors are asked to complete the course evaluations.

Participants can complete the evaluation online or instructors can ask participants to complete the evaluation on paper, then they submit the data online.